



BIOGRAPHY

Tanika Riley aka iNsiight is an energetic storyteller, city builder, and artist with a message of personal wellness through the healing arts, and respect for our Mother Earth.

For over 15 years, Tanika has worked in education, community and youth development, facilitating workshops and circles, keynoting and hosting events. She has performed on stages all over the GTA, the Caribbean, Latin America and Africa, using poetry, spoken word, emceeing and her natural gift for words to inspire and connect with audiences.

Tanika is also the Executive Director of POR AMOR, a multi-disciplinary arts and culture organization, dedicated to wellness, equity and community upliftment. Through that work, she uses the combined power of arts practices, culture and creativity to engage communities in critical dialogues & collaborations necessary for transformation. Tanika has worked in partnership with Sacred Women International, Indigenous Leaders, United Way of Greater Toronto, Community Health Centres across the GTA, and within every major school board in the Toronto, Durham and Peel regions.

A dedicated mother, auntie, & mentor to youth in her community, an social entrepreneur and change maker, Tanika is passionate about the transformational power of the arts and the guiding principle of love as a force for reconciliation in our families, schools, organizations and communities across the globe.

In every instance, I am a teacher and a student. We are here to learn from each other, no matter our titles, we all have wisdom to share...

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BIOGRAPHY (Short)

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